**COMMON VITILIGO MYTHS**

HAPPY WORLD VITILIGO DAY!! This is an incredible day dedicated to spreading vitiligo awareness worldwide to help the 100 million people living with it. All of us who have vitiligo gone through unpleasant social phobia, which can lead to high rates of depression in many vitiligo patients. So this vitiligo day I just wanted to clear up any widespread myths about this condition:

1. Vitiligo is not CONTAGIOUS. you are more likely to get a cold from a person with vitiligo then to catch the condition.
2. Vitiligo IS NOT RELATED to other skin conditions, like leprosy, skin cancer or albinism
3. Vitiligo affects people of ALL RACES, it just shows more prominently on dark-skinned people.
4. While there is NO CURE for it, treatment like UV light therapy has been proven to help
5. Vitiligo is NOT FATAL and has no such side effects
6. Vitiligo only affects the SKIN and does not cause any mental or physical difficulties
7. Vitiligo is not caused by any type of FOOD

So next time you see a person with Vitiligo, don't stop and stare. Know your facts, do your research and understand that we are exactly like you, but we may look slightly different. And if you have any questions don’t hesitate to ask us!!

~ Akaesha NT